

Five Step Snake Bite Treatment Plan

1. REST



- ✓ Reassure the Snake Bite Victim.
- ✓ Lay the casualty down.
- ✓ Ensure casualty does not move excessively.

2. COVER



- ✓ Cover bite site.
- ✓ Bandage over and around bite site.

3. BANDAGE



- ✓ Bandage from the fingers/toes covering the whole limb.
- ✓ The bandage should be tight enough so that you cannot easily slide your finger between the bandage and the skin.

4. SPLINT



- ✓ Immobilise the limb by splinting.
- ✓ For the upper limb, use a sling.

5. GET HELP



- ✓ Seek medical aid immediately (000).
- ✓ Keep the casualty at rest, reassured and under constant observation until help arrives.